

CAREGIVER SUPPORT GROUP

Caring for a parent, relative, spouse or close friend?
Feeling isolated or overwhelmed?

YOU ARE NOT ALONE.

Come share experiences and practical support.

When: Third Tuesday of the Month
6:00 – 7:30 p.m.

Where: Somerville Council on Aging
167 Holland Street, Somerville

**New members welcome. If you have questions or are
interested in joining, call 617-625-6600, ext. 2300
and ask to speak with Nancy or Lisa.**

<http://www.somervillema.gov/departments/council-on-aging>
www.facebook.com/somervillecoa

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